



# ONLINE CURRICULUM

## Family Peer Specialist Through the Lifespan

100% Virtual and Free

### Modules

- 1 Resiliency, Recovery, and Wellness
- 2 Effecting Change
- 3 Creating a Person-Centered Plan for the Families
- 4 Systems Knowledge and Navigation
- 5 Professional Responsibilities

### Course Description

This 8-hour course focuses on family peer support, which includes supporting parents and/or caregivers of children across the lifespan that experience mental health and/or substance use challenges.

The course provides training on the best practice competencies towards becoming a Family Peer Specialist. This course does not prepare individuals for the National Certified Family Peer Specialist exam. However, completion of this course can be submitted as one training to meet the application requirements.

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